

STAGE 2 GROUP ACTIVITY

Each person is given equal time to speak about what they have read – five minutes maximum. The others remain silent and listen carefully. The listeners may wish to take notes, jot down questions to ask later or add their own reflections. This is a crucial part of the protocol.

At the end of each person's reflection and explanation the others can ask for questions for clarification. This is to establish understanding of the whole piece.

STAGE 3 THE LEARNING EXCHANGE

When all the group members have had their say, the facilitator opens up the group to further reflections that have emerged. The purpose here is to establish:

- the meaning of the piece
- any issues that emerge from the piece
- any implications for practice
- actions that may have been suggested.

A fixed amount of time up to a maximum of 10 minutes is recommended here.

STAGE 4 LEARNING

Finally, each participant reviews the process of learning by sharing their personal experience. This is a valuable source of information and helps to embed the learning.